Things to say to Shay Stacer

what percentage of people on benzodiazapenes have a problem with them? (look up)
Alcohol it looks like about 14%
could a person alternate weekends with phenibut one weekend then picailon the next weekend?

What things increase self esteem?

make the next t function stay out of it.

https://www.quora.com/What-do-physicists-think-of-quantum-Darwinism
noting that Dave Pearce uses three things to produce an eentsy computer program population; winnow; regrow

is there any validity to the idea that any computer program that only does three things could be a basis for explaining/replacing “quantum darwinism” a computer programmer has possibly a lot of 3 object systems that can be written. Take three grains of sand. translate them toward a center; you get a pyramid. Should we then posit that some fancy FEA is a basis of reality? another three thing program: Does the rest of math follow from addition, if so then just adding 3 things generates all mathematical possibility? Or how about set theory? three things is enough to have two sets, one big set, and the empty set. Does all of math follow from set theory.

Notice that heap;winnow;repopulate actually almost has verbs and nouns. if there is a verb allowed then

heap;combine; ->intermediate state is possible, and what if the new intermediate is merely agglomerative rather than a reductive thing like darwinism? I got the idea from a quota post on category theory” **Which questions does Category Theory help us answer?**

Being perhaps more optimistic than Dave Pearce’ “quantum darwinism” winnowing then regenerating causing cumulative tendency may have competitors, and could just be searching for car keys under the streetlight because that is where we are used to (able to) seeing. Actually I am writing this to cheer you up. the very moving hedonistic imperative talks about out duty to be post darwinian, so there is a chance that we can weed out a quantum version of evolution and replace it with some

other simple little computer program.